Tribal Opioid/Fentanyl Prevention, Education and Awareness Campaign Workgroup

February 26, 2025 1:00 pm – 3:00 pm



Welcome

- Blessing
- Introductions
 - Tribal elected officials
 - Tribal health leaders
 - UIHPs/Urban Health Organizations
 - State staff



Opening Remarks Tribal Campaign Updates



Overview of Opioid Educational Campaign Needs from the Opioid Task Force

Vicki Lowe & Lisa Rey-Thomas, AIHC Lucilla Mendoza, HCA OTA



Native and Strong Suicide Prevention Media Campaign

Gerry Rainingbird DOH & Rochelle Hamilton, Kaufmann & Associates



Native & Strong Media Campaign

February 26, 2025











What is the Native & Strong Campaign?

The Native & Strong campaign is designed to inform and educate tribal communities about suicide prevention and advance Native American suicide prevention efforts across Washington state. We know that culture heals, and this media campaign centers on what we have always known as Native people —

Connection is Prevention!



Impressions

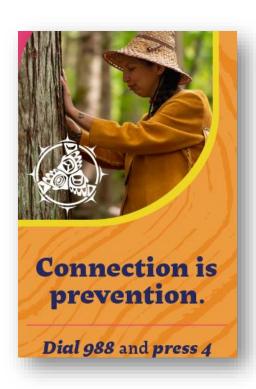
- iHeart Media 4,730,158
 - Snapchat
 - Digital advertising
 - YouTube videos
- Print Publications 156,100
- Radio Stations 131,714
- Gas Toppers 2,500,000



Across all regions: iHeart Media and Blue Line Media

Total impressions throughout Washington state: 7,517,972

Digital Ads and Snapchat Ads









Digital and Print Gas Toppers

- Located throughout the state, as shown on the map
- Over 200 gas pumps will have monthly graphics promoting this campaign







Gas Topper Graphic





Radio PSAs

Radio Station	Estimated Monthly Impressions and Reach
KNKX	75,614: Reach the western side of Washington state
KDRK	56,100: Reach the eastern side of Washington state



Community Events

Affiliated Tribes of Northwest Indians (ATNI) 2025 Winter Convention: January 26-30, 2025

HCA's Washington State Prevention Summit: October 30-31, 2024





What Support is Available?

Access an online toolkit with downloadable resources:

NativeAndStrong.org/partner-toolkit

Technical assistance is available for campaign support:

Order materials or other suicideprevention resources by contacting NativeAndStrong@kauffmaninc.com Or, fill out the contact form to have our team reach out you



What's Next? Join us!

Native Resilience and Healing: Connection is Prevention A Native & Strong Campaign Webinar Tuesday, March 11, 10 a.m. Pacific Time

This webinar highlights the resilience and strength of Native communities in addressing the impacts of historical trauma. It will also explore how the Native & Strong campaign empowers community prevention activities with tribal populations in Washington state.

Questions? Please Reach Out!

Rochelle Hamilton, MSc

Ehattesaht First Nation
Tribal 988 Advisor
Kauffman and Associates, Inc.

Rochelle.Hamilton@kauffmaninc.com

Cortney Yarholar, LMSW

Sauk & Fox, Mvskoke, Pani', Otoe Technical Assistance Specialist Kauffman and Associates, Inc.

Cortney. Yarholar@kauffmaninc.com



Healthy Youth Survey Data Reporting Template Michaelynn Kanichy, WSU IREACH-HCA-OTA & Megan Suter DOH





Healthy Youth Survey Overview and HYS Tribal Reporting Model

Overview of HYS

- Administered in fall of even years 2002-2018 and in odd years from 2021 forward.
- Students in 6th-12th grade
- Administered through <u>school setting</u>
- Some questions asked on surveys of WA youth since 1988











HYS Topics

- Abuse
- Alcohol, tobacco and other drug (ATOD) use
- Bullying and harassment
- Community risk and protection
- Demographics and miscellaneous
- Disability, health conditions and care, sleep
- Family risk and protection
- Hope
- Mental health, social and emotional, and quality of life

- Nutrition
- Disordered eating, body shaming, intentional weight loss
- Peer-individual risk and protection
- Problematic internet use
- Safety, fighting, gangs and gambling
- School risk and protection
- School support, prevention, attendance
- Sexual behavior
- COVID-19-related worries and behaviors



New Tribal HYS Reporting Model

Objective:

Launch a pilot program with an enhanced reporting approach to share Tribal youth data directly with Tribal communities across Washington.

Key Points:

Community Focus

• Tailored to focus on Tribal youth voices.

Guided Development

 Shaped collaboratively by Tribal leaders, adults, and youth.

Data Sovereignty

 Reports will be distributed to Tribal communities statewide.

New Tribal HYS Reporting Model

Listening Sessions

Duration: 20 - 60 minutes

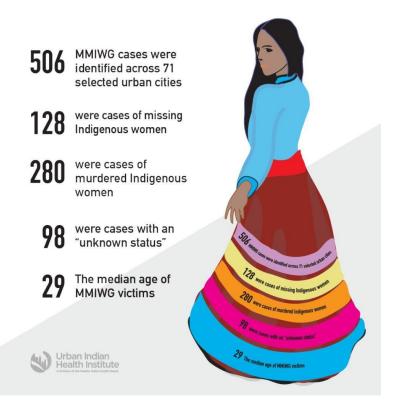
Agenda:

- Review Existing Tribal Reporting Models (HYS vs MMIWG, 2018)
- 2. Community Needs and Priorities
- 3. Data Needs and Usefulness
- Suggestions for Improvement on Existing HYS Reporting
- 5. Identifying Gaps and Concerns

Adult Approach: Request folding presentations into existing meetings for Tribal adult guidance.

Youth Approach: Promote Tribal Youth Listening Sessions through school outreach and advertising.

New Tribal HYS Reporting Model



Graphic used to present statistics in MMIWG Report by UIHI, 2018

Would you be open to including us and this discussion in an upcoming agenda with Tribal adults? A DTLL is coming soon.

If yes, please email <u>Healthy.Youth@doh.wa.gov</u> and we will work with you to fit into your schedule.

DOH updates Tribal School-Based Health report from Seven Directions

Kathy Pierre, DOH & Nicole Casanova, University of WA





Community Listening Sessions Report: Tribal School-Based Health Centers Programming, Needs, Interests & Preferences

Greetings! Today's Agenda



- 1. Introductions
- 2. Project Background
- 3. Listening Session Key Findings
- 4. DOH Opportunities and Strategies
- 5. Discussion

Introductions & Community Partners

Washington State Department of Health **Adolescent and Young Adult Health** team

Work is supported by the Health Resources & Services Administration (HRSA) Title V Maternal & Child Health Block Grant

Seven Directions



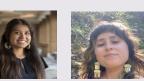
Maya Magarati She/her from Nepal's Himalayas)



Myra Parker She/her Indigenous Magar (Mandan-Hidatsa-Cree)



Marina Van Steven Pelt Nez She/her He/Him (Diné and (Umatilla and Cochiti) Oneida)



Analisa Jimenez They/them (Tāp Pīlam Coahuiltecan and Kickapoo)

Used Community-based participatory research (CBPR) practices:

- met regularly with AYAH team to establish project deliverables and implement feedback throughout the process
- Collaborated closely with participating school sites, co-creating the listening sessions and ensuring actions were culturally appropriate

2 Our Story

Our Mission

Advance American Indian and Alaska Native health and wellness by honoring Indigenous knowledge, strengthening Tribal and Urban Indian public health systems, and cultivating innovation and collaboration.

Our Values

Culture & Identity

Families & Communities

Tribal Governance

Respect for Sovereignty

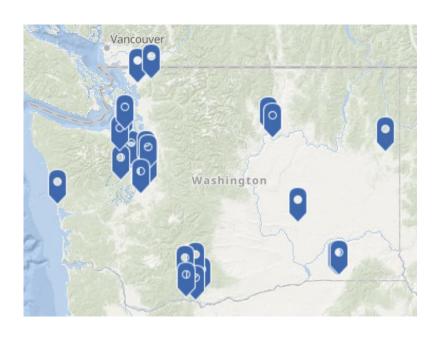
Integration: Holistic Wellness

Indigenous Knowledge

Service



Current SBHCs in Washington State



- 70 SBHCs, operating for more than 30+ years
- 25 health agencies
- 30 school districts
- 1 SBHC at tribal school

DOH has limited data on Tribal community interest, preferences, and needs related to school-based health care

Main Goal of Community Listening Session (Shared Understanding)



The gather insights from Washington's Tribal communities on needs and preferences related to school-based health programs (SBHC)



Is there **interest** in school-based health programs in WA Tribal communities?



If so, what should a **school-based health care model** look like for **Native youth? How can DOH support** school-based health programs for WA Tribal communities?



If not, how else might DOH's Adolescent and Young Adult Health team **support meeting the health care needs of Native youth**?

2 Community Listening Session

Sessions facilitated by Seven Directions staff

Location: [School Site]
Time: 60-90 minutes
Date: September

Agenda:

Introduction – Pass out Demographic Survey

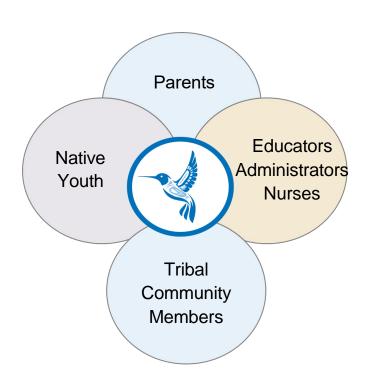
2. Dinner

3. Brief Overview of WA DOH School-Based Health Centers

4. Open Discussion – Asked audience 8 relevant questions

5. Raffle



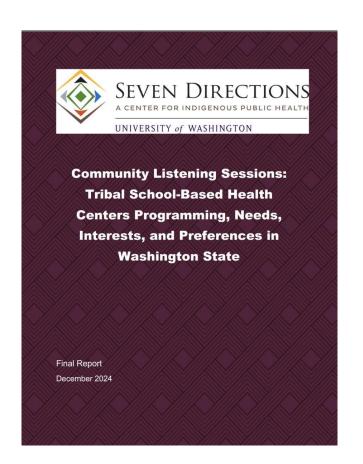


*No personal information collected, all deidentified

3 Geographic Regions in WA

Community Listening Sessions were strategically chosen in different tribal communities to gain tribal representation across the state

School Site in Report	Region
1	East Region of WA
2	Central Eastern Region of WA
3	West Coastal Region of WA
4	North Region of WA



All Data presented today is from our final report

3 Demographic Results

	Total Partic	cipants	
	(Combined,	N = 86)	
	N of Participants (%)		
Gender-Sex Identity		``	
Female	45	(\$2.3)	
Male	39	(45.3)	
Other	0	(0)	
Age			
14-18	24	(27.9)	
19-54	39	(45.3)	
55+	23	26.7	
Racial identity		•	
AIAN or First Nations	49	(57.0)	
Ethnicity			
Hispanic: Y	14	(16.3)	
Hispanic: N	72	(83.7	
Education Level			
Highschool Diploma or Less	43	(50.0)	
Associates Degree or higher	41	(47.7	
Did not disclose	2	(2.3)	
Tribal Affiliation			
Affiliated with 1 Tribe	19	(22.1)	
Affiliated with 2 or more Tribes	33	(38.4)	
No response	34	(39.5)	
Child or Relative currently enrolled in	tribal school		
Yes	42	(48.8)	
No	44	(51.2	
Not Now	0	(0)	
Years Active in tribal community			
Less than 1 year	10	(11.6)	
1-9 years	21	(24.4	
10 or more years	54	(62.8)	

86 community members across

Washington participated in Listening

Sessions

Self-reporting as Al/AN tribal members:

- School site #1 having 76.9%
- School site #2 having 74.5%
- School site #3 having 9.1%
- School site #4 having 50%
- Overall, 57% self-identified as Al/AN tribal members

3 Desired Health

Desired Health Servic e	Level of Urgency
Mental and Behavioral Health (in-person)	Very High Level
Sexual and Reproductive Health	High
Primary care, Routine Check-ups, and Sports Physicals	High
School Nurse (On-site)	High
Vaccinations, Immunizations, and WIC	High
Dental Care	High
Traditional medicine, foods, healing practices	High

Desired Health Servic e	Level of Urgency
Administr ative Assistanc e	High
Technical Assistance, school capacity	High
Prevention education and Health Promotion	High
Nutrition and Wellness	High
Hearing Care	Intermediate
Vision Care	Intermediate
Family Home- Based Educator	Low urgency

3 Key Themes (5)

Communities emphasized the critical role of culture-centered community-based engagement approaches in addressing historical trauma, fostering trust between WA-DOH, the community, and the providers, and promoting cultural humility in implementing a SBHC.

Communities strongly advocate for an inperson SBHC on Tribal school campuses.

Communities request support from the WA-DOH in grant writing and other technical assistance to implement a SBHC on their school site.

Mental and behavioral health services are crucial. School sites are struggling to meet the growing need for mental health services due to a shortage of providers.

Upstream/preventative healthcare services are crucial for the health and well-being of communities that have historically been affected by health inequity.

3 Key Theme #5

Upstream/preventative healthcare services are crucial for the health and well-being of communities that have historically been affected by health inequity.

"When I think of a school-based health program, I would think a lot of teaching kids mostly for prevention purposes down the road, nutrition, physical activity, mental wellness, everything that they're going to need down the road to be able to take care of themselves." -Tribal community member/ participant

3 Immediate Key DOH Opportunities

Direct Relationship Building with Tribe(s) Education & Health Departments

Collaborate with Seven
Directions and the four school
sites for an introduction meeting
to discuss individual next steps
into building a SBHC. This can
happen virtually.

Coordinate with Tribal health departments to connect with Tribal leaders or Tribal elders to plan an initial in-person site visit to each school site.

Once an in-person relationship is established, continue relationship-building via online webinars or other ways.

3 Immediate Key DOH Opportunities

Education prior to meeting directly with Tribes

Prioritize researching, learning, and understanding WA state Tribes' unique history, values, experiences, and Treaty Rights before engaging in relationship building.

Become familiar with health-based Indigenous and holistic epistemologies. Explore how this model of health can be integrated into Western health frameworks to improve the health and well-being of American Indian / Alaskan Native communities. This can be completed as a literature review before the first in-person meeting with school sites.

3 Long Term Strategies



Partner directly with WA-DOH Prevention and Community Health Division (PCH)

- •focus on long-term strategic planning to identify additional support and funding for the implementation of SBHCs in tribal communities
- •develop a comprehensive, long-term strategy to increase the number of SBHCs in tribal areas
- continue to engage with the DOH-WA Office of Tribal Public Health and Relations (OTPHR) and follow their internal policies that honor the Centennial Accord

Prioritize an equitable approach to grant distribution.

 modify their current SBHC funding model to establish a dedicated funding stream to establishing SBHC in tribal schools different than the RFA process

4 Questions & Open

Thank you!



Marina Van Pelt (she/hers)
Cochiti & Umatilla
Research Coordinator

Mvanpelt@uw.edu

Steven Nez (he/him) (Diné and Oneida) Research Coordinator

Sdnez@uw.edu

Maya Magarati (She/her) (Indigenous Magar from Nepal's Himalayas) Associate Director

magarati@uw.edu

Myra Parker She/her (Mandan-Hidatsa-Cree) Director

myrap@uw.edu

Youth Opioid/Fentanyl Education and Awareness Campaign Updates

Meg Mills, Paj Nandi, & Matthew Duncan Desautel-Hege (DH)



FOR OUR LIVES

Custom campaign materials for Tribes

February 26, 2025





- Youth Campaign Timeline Update
- 2024 Customization Funding
 - New campaign materials
 - Media buy placements



Timeline

	Nov.	Dec.	Jan.	Feb.	Mar.	Apr.	May	June	July	Aug.
Campaign plan	Campaign plan									
Research and development	Youth listen	ing sessions	Research Report							
Creative development and message testing			Draft new creative for testing		Focus groups with Native youth	Focus Group Report	Develop new Youth creative			
Tribe engagement and review			Tribal engage	uation of 2024 ment efforts & ach to Tribes	Scheduling	Meetings v	with Tribes	Tribal localization plans		



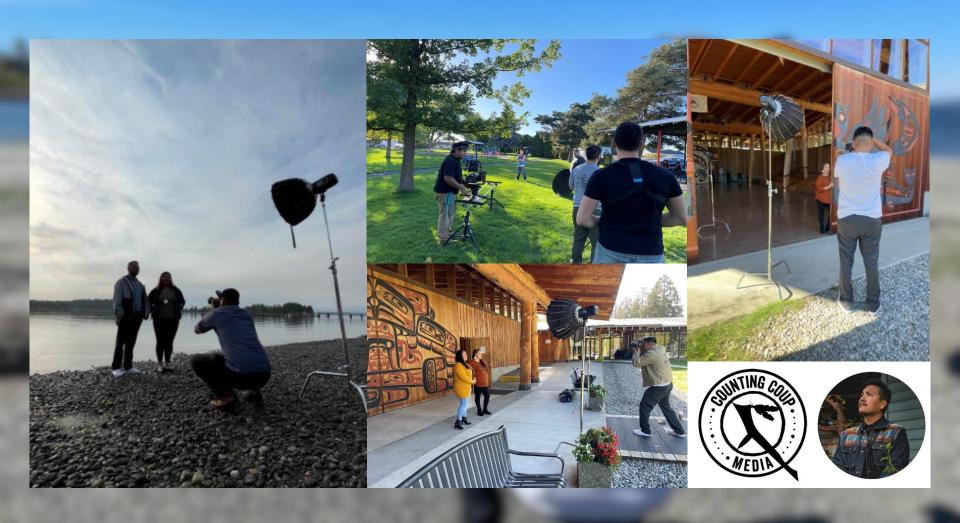


2024 Customization Funding

29
TRIBES

50+
MATERIALS

300+ UNIQUE CUSTOMIZATIONS











Quinault















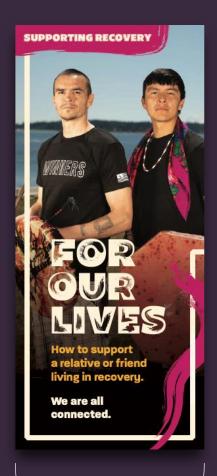
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Muckleshoot

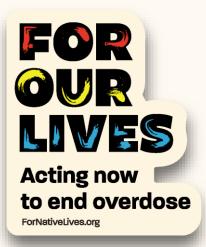
















Quinault

Hoh Lower Elwha Klallam Stillaguamish

New Campaign Materials







Shoalwater Bay



Nisqually



Jamestown S'Klallam



Multiple Tribes



Nooksack



Upper Skagit



Lunni Danwalig Smirim 200 Junit box 4 day yn MCE (895) 5100 512449





Lummi









We are so happy with the items we've received. We used the canopies for our groundbreaking ceremony for our 16-bed inpatient pysch evaluation and treatment center we are building.



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Media Buy Placements



Branding • Advertising • Digital Public Relations • Social Change

TO: Jamestown S'Klallam Trib

DATE: April 11, 202

RE: For Our Lives Customization

Customized For Our Live

The below table includes some options you may consider for cust with corresponding costs. The costs are an estimate based on you variable factors to give you a feel for the typical cost of various m quantity selected and regional availability. Everything can be upe interested in and how you'd like to spend the \$28,000 available f

This list is not exhaustive. In fact, there are likely many other reg through For Our Lives that you are aware of in your community, those options together.

Please note that the costs of customizing or designing new For O covered by separate funding. The \$28,000 you have available wil materials you select. If you have questions about any of the detail order, please email Megan Hatheway at MeganH@WeAreDH.co

MATERIALS | Details + Timeline + Budget

TACTIC /	DETAILS	TIM
Print materials	Posters (7 versions): 100+ of each	N/A
	Rack cards (5 versions): 500+ of each	N/A
	Pocket cards: 2000+	N/A
Event collateral	Stickers (4 versions): 500+ of each	N/A

313 W Riverside Ave, Spokane WA 99201 | 104 Pike St, Suite 2



Branding • Advertising • Digital Public Relations • Social Change

Window clings: 100+	N/A	~\$200+
Bookmarks: 1000+	N/A	~\$200+
Pop sockets (4 versions): 500+	N/A	~\$700+
Magnets: 750+	N/A	~\$500+
Pop up banners: 2+ banners	N/A	~\$600+
300-600 bags (varying sizes and materials)	N/A	~\$8,000+
Low end of budget is for partial wrap of decals, high end of the budget is for a full vehicle wrap	N/A	\$3,000- \$10,000+ (cost deper on vehicle :
HCA - Sequim.pdf Subject to availability. We can also update our list of options based on your location preference.	Budget for 4 weeks of billboard placement	\$1,500-\$2,
250-500 yard signs	N/A	\$2,300-\$4,
Social media: Facebook/Instagram For zip code of 98382 (can be adjusted based on your preference)	4 months of ads Estimated daily reach= 1,300-3,800 Estimated audience size= 19,100-22,500	~\$1,000
Social media: Snapchat For zip code of 98382 (can be adjusted based on your preference)	4 months of ads Estimated daily reach = 690-4,000 Estimated audience size = 7,500-9,500	~\$5,500
Pre-roll ads	2 months of ads Estimated audience size= 26,856	~\$10,877
	Bookmarks: 1000+ Pop sockets (4 versions): 500+ Magnets: 750+ Pop up banners: 2+ banners 300-600 bags (varying sizes and materials) Low end of budget is for partial wrap of decals, high end of the budget is for a full vehicle wrap HCA - Seculm off Subject to availability. We can also update our list of options based on your location preference. 250-500 yard signs Social media: Facebook/Instagram For zip code of 98382 (can be adjusted based on your preference) Social media: Snapchat For zip code of 98382 (can be adjusted based on your preference)	Bookmarks: 1000+ N/A Pop sockets (4 versions): 500+ N/A Magnets: 750+ N/A Pop up banners: 2+ banners N/A 300-600 bags (varying sizes and materials) Low end of budget is for partial wrap of decals, high end of the budget is for a full vehicle wrap HCA - Sequim.pdf Subject to availability. We can also update our list of options based on your location preference. 250-500 yard signs N/A 4 months of ads Estimated daily reach = 1,390-3,800 Estimated audience size = 19,100-22,500 Social media: Snapchat 4 months of ads For zip code of 98382 (can be adjusted based on your preference) Social media: Snapchat For zip code of 98382 (can be adjusted based on your preference) Estimated daily reach = 690-4,000 Estimated audience size = 7,500-9,500 Pre-roll ads 2 months of ads Estimated audience size = 7,500-9,500



Branding • Advertising • Digital Public Relations • Social Change

	For zip code of 98382 (can be adjusted based on your preference)	Estimated mpressions= 3,625,560	
	OTT ads For zip code of 98382 (can be adjusted based on your preference)	2 months of ads Estimated number of households reached = 14,501 Estimated impressions = 5,220,360	~\$15,661
	Digital radio ads (ie Pandora/Spotify) For zip codes 98382, 98362, 98368 (can be adjusted based on your preference)	4 months of ads Estimated reach= 2,900-5,600 Estimated frequency= 15.7- 56.4 Estimated impressions=88,000- 163,600	\$1,100
	Traditional radio ads	TBD	Price varies by local radio station and timing
ar media	Coasters: ~10 locations	Price for 4 week placement	~\$9,000 OR ~\$1,000 for coaster printing only (ie self placement)
	Posters: ~5 locations	Price for 4 week placement	~\$1,700
	Mirror clings: ~10 locations	Price for 4 week placement	\$1,500 minimum

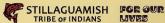
313 W Riverside Ave, Spokane WA 99201 | 104 Pike St, Suite 200, Seattle, WA 98101 © DH 2024

313 W Riverside Ave, Spokane WA 99201 $\,\parallel\,\,$ 104 Pike St, Suite 200, Seattle, WA 98101 $\,\otimes\,\,$ DH 2024 $\,\parallel\,\,$ 3

Les Everyone should be carrying naloxone."

Stillaguamish Behavioral Health Program

360-435-3985



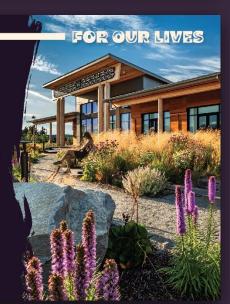




Your healing journey starts here.

Daily dosing of FDA-approved medications to treat opiate use disorder.

(360) 681-7755 | Sequim, WA









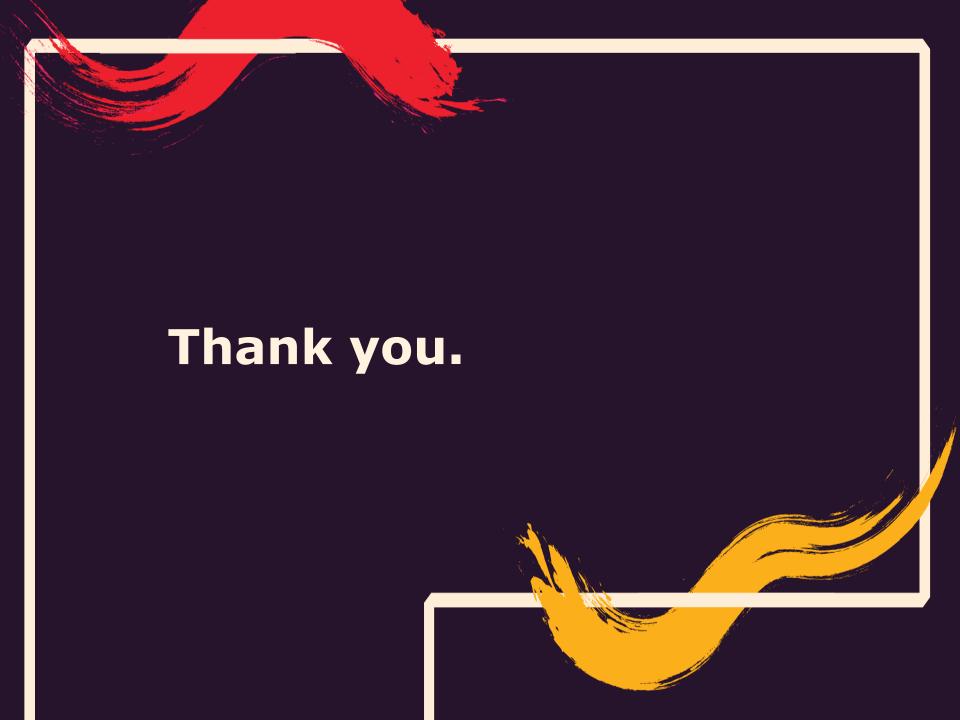




(253) 804-8752

17813 SE 392nd St. | Auburn WA 98092

Muckleshoot



OSPI Update Rebecca Purser, OSPI



Meeting Wrap-Up Next Agenda

Steven de los Angeles, Vice Chair, Snoqualmie Tribe Lucilla Mendoza, HCA & Candice Wilson, DOH



Adjourn

