

**TRIBAL PUBLIC HEALTH**  
**AIHC Mission:** Improve the Overall Health of Indian People of WA State  
**Strategy:** Advocacy, Policy and Programs to Advance Best Practices

Leadership  
Engagement

Community  
Engagement

**PULLING TOGETHER FOR WELLNESS**

Tribally and Urban Indian  
Driven

- Maternal Infant Health
- Women, Infant, Children (WIC)
- Maternal, Infant, Early Childhood Home Visiting
- Immunizations
- Food Sovereignty, Healthy Eating and Active Living
- Commercial Tobacco and Vaping
- Youth Marijuana Prevention and Education
- Youth Suicide Prevention
- Elder's Chronic Care Blood Pressure Self-Mgt.
- Foundational Public Health Services
- Public Health Emergency Preparedness Response

Culturally Appropriate and  
Community Specific

**Maternal Infant Health Strategic Plan**

In Partnership with WA State Departments of Health, Children, Youth and Families and the Health Care Authority, and Department of Social and Health Services

DATA

**Historical and Intergenerational Trauma**  
**Equity and Health Disparities**  
**Adverse Childhood Experience**  
**Lateral Violence, Oppression, ongoing Discrimination and Racism**

DATA



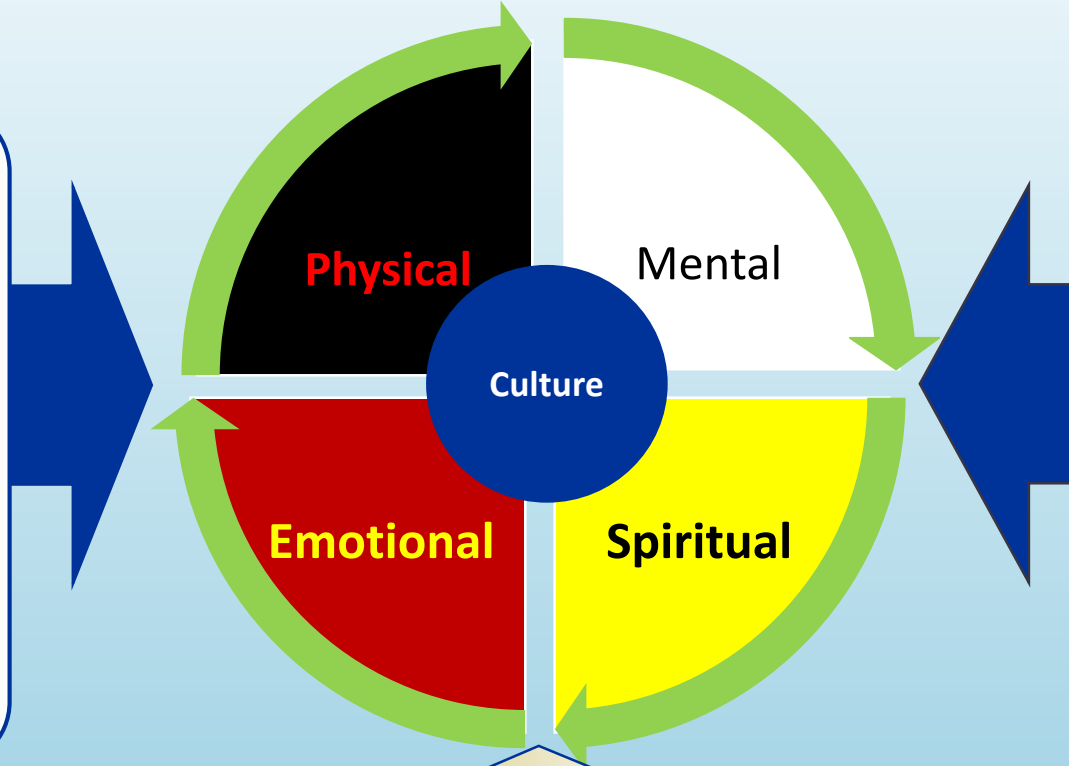
2/25/2019

# Pulling Together for Wellness

## THE FRAMEWORK

### Components of the PTW framework:

- Mobilizing at the Tribal/Community Level
- Leadership and Community Engagement
- Recruit and Retain Partners
- Specific Outreach to Youth and Elders
- Engagement of Cultural Resources and Traditional Healers
- Inclusion of Cultural Consideration in the Planning Process
- Use of Storytelling – Balance of Data and Stories
- 7 Generation Strategies – Strength-based
- Integrates Trauma Informed Strategies



### Tools of the PTW Framework:

- Definition, Vision and Values of the PTW Framework
- Partnership Development Inventory and Process
- Community Health Assessments and Environmental Scans
- Inventory of Cultural Appropriate Strategies
- Matrix: Vision, Goals, Indicators, Strategies (including PSE, EB, PB, PP)
- 18 Competence Domains (knowledge, skills, and abilities)

Generational Clarity

**HEAL**

**Historical Trauma, Ongoing Discrimination, & Racism**

**Equity and Social Determinants of Health**

**Adverse Childhood Experiences (NEAR)**

**Lateral Violence and oppression**