



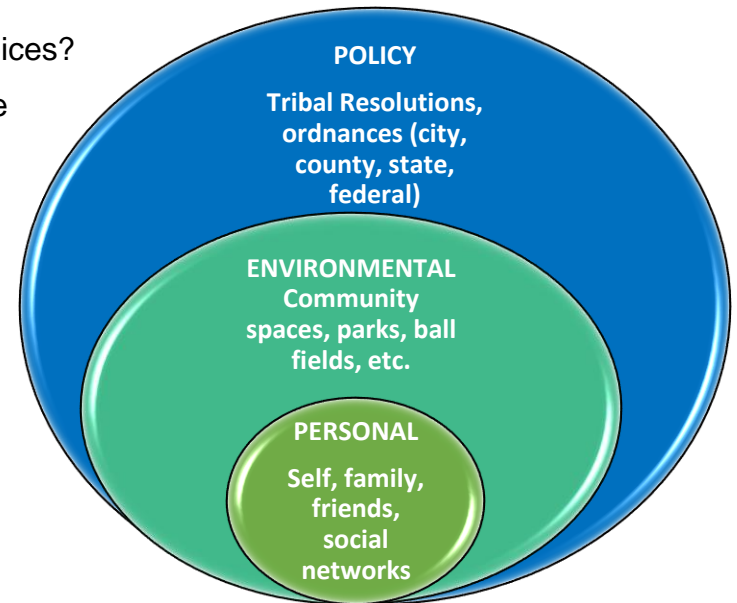
2018 TRIBAL AND STATE HEALTH LEADER'S SUMMIT

Youth Panel: Promoting Healthy Native Communities

Ensuring Happy, Healthy, Safe and Thriving Native Youth

What types of social activities, environments, and policies would make it easier for Native American youth to make healthy choices?

1. What can we do to support Native American youth to make healthy choices?
2. What serves as protective factors for Native American youth? What role does culture have as a protective factor?
3. What personal, environmental, or policy level change would help Native American youth maintain commercial tobacco, vaping, and marijuana free living?
4. What are some of the activities you are involved in to support and promote healthy Native community change?
5. What should tribal, urban Indian, and state leaders to know about the unique challenges faced by Native American youth? How can leaders help?



Native Youth Leaders Influence change
Personal, Environmental, Policy Changes (PEP-C)

