



# Shoalwater Bay PTW Leadership Engagement

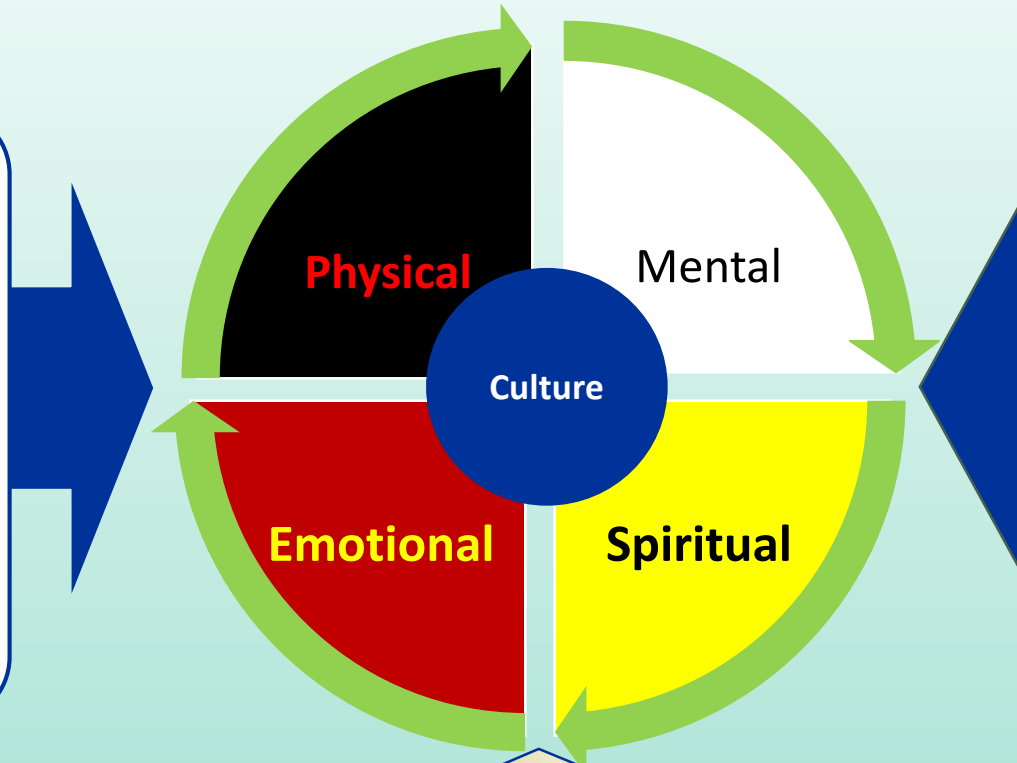




# Pulling Together for Wellness THE FRAMEWORK

## Components of the PTW framework:

- Mobilizing at the Tribal/Community Level
- Leadership and Community Engagement
- Recruit and Retain Partners
- Specific Outreach to Youth and Elders
- Engagement of Cultural Resources and Traditional Healers
- Engagement of Cultural Action Planning Process
- Use of Storytelling – Balance of Data and Stories
- 7 Generation Strategies – Strength-based
- Integrates trauma informed thinking



## Tools of the PTW Framework:

- Definition, Vision and Values of the PTW Framework
- Partnership Development Inventory and Process
- Community Health Assessments and Environmental Scans
- Inventory of Cultural Appropriate Strategies
- Matrix: Vision, Goals, Indicators, Strategies (including PSE, EB, PB, PP)
- 18 Competence Domains (knowledge, skills, and abilities)

**Generational Clarity**

**HEAL**

**Historical Trauma, Ongoing Discrimination, & Racism**

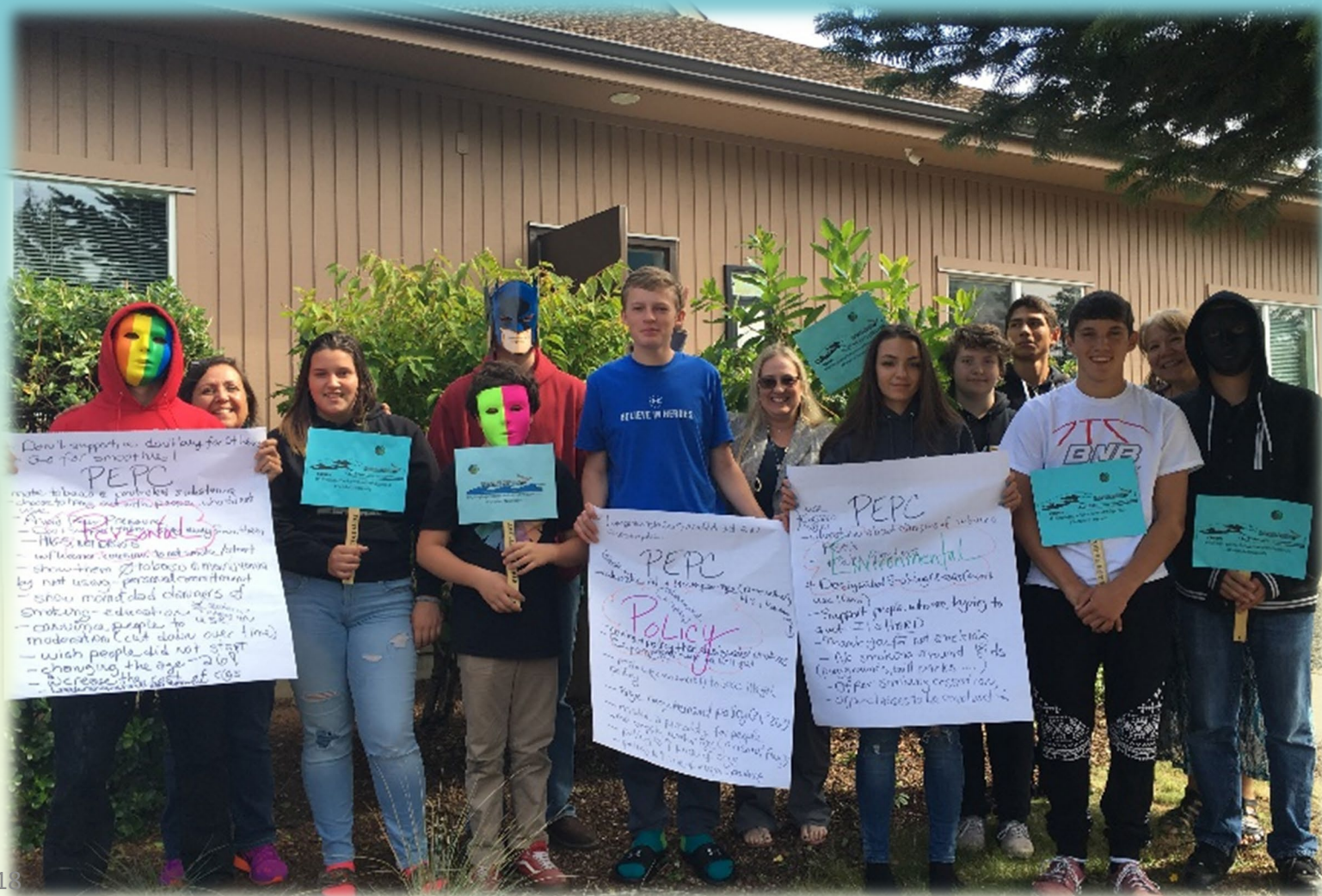
**Equity and Social Determinants of Health**

**Adverse Childhood Experiences (NEAR)**

**Lateral Violence and oppression**



# Shoalwater Bay Tribal Youth Engagement





# Shoalwater Bay Tribal Youth Engagement Personal, Environmental, and Policy - Change

## Personal

- Don't support/don't buy for others
- Think of alternatives: like smoothies
- Choose to hang out with people who don't use
- Avoid peer pressure
- Influence cousins to not smoke/start

## Environmental

- Education about dangers of tobacco (pre-school, K-12, Youth Adults, Pregnant)
- Support people who are trying to quit-it's hard
- No smoking around kids (playgrounds, ball parks, etc)

## Policy

- Leadership should be an example
- Develop policy that designated smoking areas must be utilized and enforce it
- Make commercial tobacco illegal
- Increase age to purchase (elder, 26, 21)
- Make a penalty for people that supply under age (prison, fine)
- Restrict access to commercial tobacco products in retail settings

