

Tulalip Community Health Department: Maternal Infant Health Support Team

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Tulalip Community Health Department – Mission

Empowering individuals and the community toward better health by enhancing the relationship between spiritual, emotional, and physical balance and true well-being.



Tulalip Community Health Department - Vision



The Community Health Department will help the Tulalip community through disease prevention and promoting healthy living through an emphasis on reaching people who experience the greatest burden of death, disability, substance abuse, mental health issues, and suffering from chronic diseases. The Community Health Department will build collaborations that focus on prevention and education and increase community wellness.

Maternal-Infant Health Support



- ▶ Pregnant? Tulalip Community Health is here to partner with you and your healthcare provider
- ▶ Reviews patients' medical records
- ▶ Explains care options to patients and their families
- ▶ Assists patients in accessing all available resources
- ▶ Provides advocacy before, during, and after medical appointments
- ▶ Advocates for clients during FTDMs and offer ongoing support and advocacy
- ▶ No matter what the decision may be, CH is committed to supporting the patient and their family. We work with the patient and their healthcare provider to ensure the best care possible
- ▶ CH is here to serve the people as they walk forward

Current Areas of Support

- ▶ **CH Navigators:** Available to advocate for patients to obtain services that they are eligible to receive. Available in our office, in home, or in hospital.
- ▶ **WIC:** Assisting pregnant women and children up to the age of 5 yrs with nutrition information and food vouchers to support a healthy pregnancy and childhood. Services available at our office.



Current Areas of Support, continued...



- ▶ **Nurses:** The CH nurses are available to answer any questions patients may have regarding pregnancy, labor & delivery, recovery, infant care & needs, lactation, and general health and wellness. Home, hospital, or office visits are available.
- ▶ **Lactation/Breastfeeding:** A certified Lactation Educator and peer counselors are available to answer questions regarding breastfeeding/lactation and caring for the new mom and baby. The lactation team is available to meet with patients in our office, their home, or hospital prior to discharge.
- ▶ **Childbirth Education:** A nurse or certified childbirth educator is available to provide individual sessions to discuss what to expect during pregnancy, labor & delivery, post-partum recovery, and infant care.
- ▶ **Doula Support:** CH currently has two staff members who are trained/certified doulas.

CH Dreams and Wishes...

- ▶ **Mobile Health Unit:** provide basic assistance to community members who are unable to access the Tribal Health Clinic. Provide immediate access to birth control and prenatal support/education.
 - ▶ Need medical oversight and support from clinical staff
 - ▶ Financial support
- ▶ **Dedicated Midwife:** a midwife who is knowledgeable and supportive of birth experiences being based in cultural and traditional ways
 - ▶ Need medical oversight and support from our clinical staff
- ▶ **MSS/ICM:** provide additional layer of support and financial assistance
 - ▶ Need additional support for our finance team to enable billing
- ▶ **Birth and Recovery Center:** a place within our community that can provide the benefits of a home delivery combined with additional medical support, if needed
 - ▶ Need financial and medical support